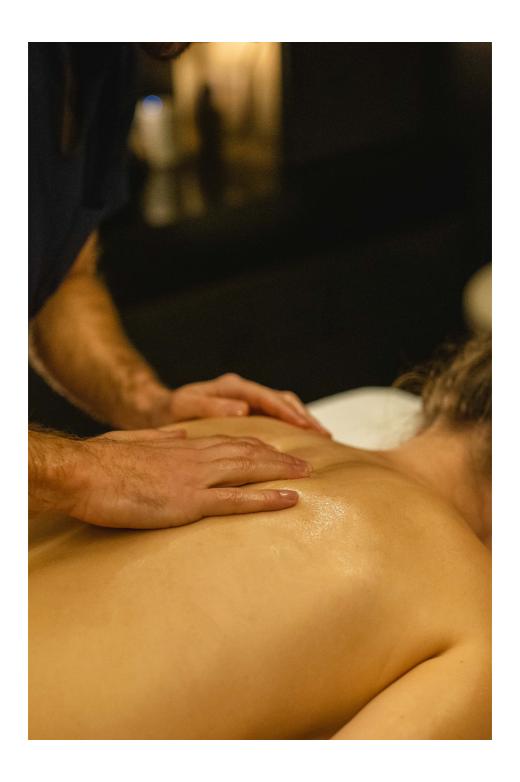
TREATMENT MENU

SUMMER 2024







At Beaumier, your wellbeing is our priority. Put yourself in the caring hands of our specialist team of therapists.

Indulge in nurturing treatments crafted using thoughtful touches, perfect before or after a day's activity or relaxing outdoors.

We are here to help ease muscular tension, nourish and protect the skin or to encourage a good night's sleep.

Feel the cares of the world just drift away with an unforgettable spa & wellness experience.



MASSAGES AT THE WELLNESS SPA

RELAX MASSAGE

60 min - 125€

Our «Soul Massage» opens the door to release the blockages that are locked in the body through relaxation, breathing and precise movements that help release tensions and help improve the three fields: the physical, energic and emotional.

SPORT MASSAGE

50 min - 125€

Sports massage is a recognized method to eliminate fatigue and prevent injuries. Totally focused on people with a high aerobic intensity, working on muscle repair as the main focus.

FULL BODY MASSAGE

80 min - 170€

The king of all therapies. A massage that works in all fields to release everything we accumulate in our daily lives through deep relaxation. Something that goes beyond a simple experience, it is a gift for the soul.

CIRCULATORY MASSAGE

55 min - 130€

The circulatory massage has the objective of activating the blood and lymphatic irrigation to promote cell exchange. With this technique we mobilize body fluids and favour the elimination of toxins.



DEEP TISSUE MASSAGE

60 min - 130€

This massage technique is designed to penetrate the deepest layers of the muscle. It is a very complete therapy created expressly so that you have a very restorative and healing experience for your body and mind. Through manipulations with hands, elbows and forearms; with slow movements but exerting deep pressure following the fibers of the muscles, tendons and fascia, a much deeper and more lasting state of relaxation is reached.

THAI MASSAGE

60 min - 130€

Thai massage is one of the most beneficial to release stress. It combines extension and pressure movements derived from yoga on the energy points of the body, designed to improve both flexibility and blood circulation. A magical experience that will make you connect with your body and soul.

NECK, SHOULDER & HEAD MASSAGE

45 min - 100€

Sensitive, deep and very relaxing massage focused on a localized area of the body with a tendency to accumulate tensions and headaches, consequences of stress, nerves and daily concerns. An ideal massage to disconnect and connect with your wellbeing.

FACE MASSAGE

45 min - 100€

This massage relaxes the muscles of the face, improves circulation in this area, reduces expression lines, tones muscles and relieves tensions, contributing to a fresh, rejuvenated appearance.

5



REIKI 60 min - 105€

Reiki is a therapy, characterized by the imposition of hands on the human being as an objective to restore physical, mental and spiritual balance. The energy field is worked in depth to achieve wellbeing and harmony in your entire being.

MATERNITY MASSAGE

50 min - 120€

A nurturing and comforting massage, adpated for this special time. Using gentle, safe oils, this treatment targets backache, tension and heavy legs, providing a peaceful and relaxing experience.

PERSONALIZED MASSAGE

50 min - 145€/75 min - 215€

Everyone is unique. Our body tells us what we need. Your therapist will curate a massage honouring your individual needs. This treatment blends holistic bodywork to remedy any areas of concern and rebalance body and mind.

SOUND HEALING MASSAGE

80 min - 330€

If you really want to have a grounding and meditative experience, without a doubt this is your massage.

In this therapy you will be able to enjoy the perfect combination between the touch of a beautiful relaxing massage and the live fusion of healing music through ancestral instruments that will make you have an unforgettable experience.



FOR YOUR SAFETY AND COMFORT EVERYTHING YOU NEED TO KNOW

- Please kindly complete our intake from before starting the treatment.
- Payments can be made by room charge, credit card or cash.
- Beaumier will follow Spanish Government guidelines to ensure the safety of guests and team. This may include social distancing, wearing of face masks or booking time slots for our treatments. Our team will make you aware of current protocols at the time of booking.
- Throughout the Wellness Spa you will find hand washing facilities. Please wash and sanitize your hands regularly while with us.
- Enhanced cleaning procedures have been implemented: treatment room will be well ventilated and fully sanitized between treatments.
- Please note that all hotel guests are required to change into their robes in their guest rooms before arriving at the Wellness Spa.



INFORMATION

Arrival

Please arrive 5 minutes before your appointment. If you arrive late, your appointment may need to be shortened out of consideration for the next guest.

Cancellations

If you need to change or cancel an appointment, please let us know 24 hours in advance. For any cancellation within 24 hours or for non-arrival, you will be charged for the treatment.

Health conditions

When making your booking, please advise us of any health conditions and any medication you are taking.

Pregnancy

We can adapt certain therapies to be maternitysafe after the first 16 weeks of pregnancy. Please let us know if you are expecting to allow us to tailor your experience.

Ambiance

To preserve a peaceful ambiance and respect other guests, please kindly avoid using electrical devices such as phones whilst in the spa.

Rates for season 2024

PETUNIA

Carrer de Sa Pala Marina Sant Josep de sa Talaia - Cala Carbó, 07830 Ibiza - Spain

> Phone. +34 971 808 197 petunia@beaumier.com

www.beaumier.com

